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## COURSE SYLLABUS

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# Health Education

Casey Hennig, H.S. NM History, Health, & World History Teacher

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This course is one semester in length, but there is a lot of material that needs to be covered to meet federal and state standards and benchmarks. This information will cover:

- Health promotion and disease prevention
- Accessing valid health information and health-promoting products and services
- Practicing health-enhancing behaviors and reducing health risks
- Analyzing the influence of culture, media, technology, and other factors on health
- Using interpersonal communication skills to enhance health
- Using goal-setting and decision-making skills to enhance health
- Advocating for personal, family, peer and community health

**The outline of our course will look like this (dates are subject to change; flexibility is key!):**

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**Mental Health:** August 11<sup>th</sup>- August 22<sup>nd</sup>

**Social Health:** August 25<sup>th</sup>- September 5<sup>th</sup>

**Nutrition:** September 8<sup>th</sup>- September 19<sup>th</sup>

**Physical Fitness:** September 22<sup>nd</sup>- October 3<sup>rd</sup>

**Avoiding Drug Abuse:** October 6<sup>th</sup>- October 17<sup>th</sup>

**Human Development:** October 20<sup>th</sup>- November 4<sup>th</sup>

**Preventing Disease:** November 5<sup>th</sup>- November 21<sup>st</sup>

**Safety and First Aid:** December 1<sup>st</sup>- December 9<sup>th</sup>

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**Final Exam:** Week of December 15<sup>th</sup> (Review the week before)

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## Technology Tools

### Google Classroom

### PowerSchool

Contact Lucia Lucero at [llucero@paparts.org](mailto:llucero@paparts.org) for log in information

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## Important Note About Technology

Please remember to charge your laptop EVERY night in order to have a fully charged device during class.

**\*\*NO PHONES** are allowed in class. They will be confiscated if found out during the class period.

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**Final Exam:** Week of December 15<sup>th</sup> (Review the week before)

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## Mrs. Hennig's Teaching Philosophy

I hold high standards and expectations for my students because I know they have great potential to grow and learn. My class is quite structured, and students will always be told what to expect and how to succeed in this course. I believe in building lessons and assessments for student success, but it is ultimately up to the student to follow through. I will be utilizing both Bloom's Taxonomy and Webb's Depth of Knowledge as resources to encourage higher order thinking skills. This includes starting lessons with basic recall and foundational material and then building activities to stretch their critical thinking and skills of synthesis of information. I will include a copy of these resources on a separate PDF under our "Resources" tab in Google Classroom.

### Important Class Info

Students will be working on assignments posted on Google Classroom as well as turning in their assignments via Classroom (even if we come back to campus in hybrid learning). We will review these procedures in class.

I will be inviting all guardians to view a weekly Google Classroom summary through email, if they do not already have access. This invitation is sent via email, so please encourage parents/guardians to confirm their invitation. In addition, parents and guardians can help by regularly having their child log in to Google Classroom to check all upcoming and/or missing assignments.

### Class Materials

Because we will be utilizing technology so much for this class, you will need very minimal materials. When you come to the physical campus, please have the following:

- Your fully charged laptop and charger!
- Personal earbuds
- A pen or pencil (we want to limit sharing classroom materials for health purposes)
- A water bottle



## Grades

### Grade Weighting

Class Work= 60%

Participation= 10%

Projects= 15%

Tests= 15%

### Grade Info:

It is your responsibility to obtain make up work after an absence (whether the absence is in person or virtual). If an absence is excused, students may have the same # of days excused to make up the work for full credit.

I do accept late work—10% will be taken off each day from the grade earned for 5 school days after the due date. After that date, I will not accept the late assignment. (10% on due date after time set; 20% the next day, and so on)

Cheating and plagiarism are NOT tolerated and will result in a zero. If it happens more than once, the issue will be reported to the administration.

### Student and Parent Signature Page

I, (student name, printed) \_\_\_\_\_, understand Ms. Hennig's classroom policies and expectations. I understand that late work will not be accepted after one week from the due date (with extra time for excused absences), and I understand that I may not use my cell phone for any reason during the class period (unless I have a medical reason).

I, (parent/guardian name, printed) \_\_\_\_\_, also understand the classroom policies and expectations for Ms. Hennig's class, as stated above.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_