



# Breakfast Menu

January 2022

Breakfast is served from 7:45-7:55 every morning.

Price Per Meal  
 All students 18 and under are free.  
 18+ : \$1.75



OFFERED DAILY AS AN OPTION

CYCLE 1

**BREAKFAST:** Variety cold cereal, graham cracker, fruit & 100% fruit juice

**MILK :** FAT FREE CHOCOLATE or 1% LOW-FAT WHITE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/3	1/4	1/5	1/6	1/7
no school	no school	Assorted Muffin fruit 100% Juice Milk	Pop Tart Fruit 100% Juice Milk	Variety Cold Cereal Fresh fruit 100% Fruit Juice Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/10	1/11	1/12	1/13	1/14
French toast sticks Syrup fruit 100% juice Milk	Apple Frudle fruit 100% juice Milk	Assorted Muffin fruit 100% Juice Milk	Pop Tart Fruit 100% Juice Milk	Variety Cold Cereal Fresh fruit 100% Fruit Juice Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/17	1/18	1/19	1/20	1/21
French toast sticks Syrup fruit 100% juice Milk	Apple Frudle fruit 100% juice Milk	Assorted Muffin fruit 100% Juice Milk	Pop Tart Fruit 100% Juice Milk	Variety Cold Cereal Fresh fruit 100% Fruit Juice Milk

This institution is an equal opportunity provider.  
 Menu subject to change