

Hip-Hop Syllabus

2020-2021

Instructor Information

Instructor

Marena Tarin

Email

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Office Location & Hours

Online, 12p - 1p, Monday - Friday

General Information

Description

Hip-Hop is a culture that originated in the streets of the Bronx, New York in the 1970's. Hip-Hop's five elements encompass the essence of Hip-Hop culture which includes dance (but is not limited to only dance). Those elements: Breaking, DJing (Disc Jockey), MCing (Master of Ceremony), Graffiti and KNOWLEDGE. Hip-Hop dance is about expression and creativity, but it is also a culture that deserves respect and acknowledgment of the pioneers and other people of color who created an outlet for the troubled youth in the Bronx. Hip-Hop history and technique/skill are equally important in becoming a student of Hip-Hop culture and showing people in Hip-Hop culture, or community, your respect and knowledge thus far on your journey. EACH ONE. TEACH ONE.

Expectations and Goals

- Learn the history and pioneers of Hip-Hop culture
- Be able to name the five elements of Hip-Hop
- Use correct dance terminology in and outside of the class room.
- Be able to execute isolations clearly, demonstrate strong placement, hold timing to music and/or counts, show a relaxed connection to the music; demonstrate different qualities of movement
- Be able to count music and hold time, be able to learn and pick-up choreography quickly, be able to practice and create own Hip-Hop choreography
- Learn and name Hip-Hop dances (past and present)
- Learn and perform Hip-Hop dance in a performative space as well as in the streets or battle/competitive settings.
- Build confidence!! You can do this!
- Use constructive criticism and technical critiques to help quickly adapt the mind and body to make necessary changes in order to execute a dance movement in Hip-Hop.
- Make new connections/friends through Hip-Hop dance
- Inspire, create and grow!

Course Materials

Required Materials

- Laptop with working camera
- Dance space (no, wires, no distractions, room to stretch on the floor)
- Dance attire (something stretchy, sneakers)
- YouTube access
- Journal (paper)

- Hair ties/bobby pins
- Water or water bottle handy

Course Schedule

Mondays, Wednesdays and Fridays:

Students will come to class prepared to dance (viz Zoom; have an open dance space, water, hair out of face, dance attire and on time.) Class will include, but it not limited to, warm-up/stretching, technique, choreography, freestyle concepts, structured improvisation, stretch and strengthen, cool down, water breaks and group work.

Tuesdays and Thursdays:

Students will come to class (Google classroom) prepared to work on written assignments during class time. These assignments include, but are not limited to, Hip-Hop history, important names of people in Hip-Hop culture, defining dance terminology, reflection papers, researching and writing about Hip-Hop dance and culture (which includes topics of racism, oppression and its relevance to today), journaling and providing feedback. Work is due at the end of the class period and must sign in during class time (on Google Classroom Attendance Sheet) to receive attendance/participation points.

Freestyle Fridays:

Students will come to class (via Zoom) prepared for freestyle concepts and fun and challenging choreography. This is to help motivate and inspire the student to continually learn and apply this knowledge in dance and in their day-to-day lives. Building confidence and owning who we are is important to becoming a stronger and smarter Hip-Hop dancer.

Classroom Expectations

The classroom is a safe, positive dance environment where students can feel free to express, reflect and share. Here are some ways we can show our support and respect to our peers and teacher:

-Be respectful to your peers and to the instructor by listening while someone is talking and waiting your turn to speak/comment/ask a question. If you have a question or comment please raise your hand or use the “raise hand” feature on Zoom. Be mindful of each other’s questions and take mental note of any responses so that the same question is not being repeated several times. Do not talk over the instructor.

-Be on time! Be ready to dance or complete the assignment for that day dressed out with any materials needed.

-Please no food or drink or gum inside the studio or via Zoom movement days. No chewing gum while dancing. Water is acceptable.

-No CELL PHONES, IPADS, TABLETS, KINDLES, or other electronic devices are to be used during class except for student’s laptop*. (*Some exceptions for technical difficulties and student’s using mobile devices) If there is an emergency, please let me know as soon as possible via Zoom chat privately, or if you are expecting an important phone call or text message please notify prior to class.)

If any electronic device unrelated to classwork is being used you will be asked to put it away. If again, a student has their electronic device out their parents will receive an email of the disruption of class time. If again the student does not comply with no cellphone use, Zoom will be disconnected for the

student and no attendance points will be given for the day. We want to be actively listening and present in class. Please limit distractions!

-Be kind and supportive of yourself, your peers and your instructor. Clap and/or cheer for your peers after demonstrating choreography or technique. If someone is confused and has a question, try helping them find a solution while still be kind and courteous to the instructor or person talking. We are all new to online schooling for the arts, but this year is still going to be filled with a lot of dancing and good memories! Be patient with yourself and others. WE ARE IN THIS TOGETHER!!