

### Lunch Price

**\$3.25 per meal**  
**Reduced \$0.40**

### **Fun Food Facts!**

One of the most hydrating foods to eat is cucumber, made up of 96% water. It contains electrolytes, which are minerals that include calcium, chloride, magnesium, phosphate, potassium, and sodium, which helps your body restore what it may have lost through dehydration.

### **Public Academy for Performing Arts**

**Lunch Menu**  
**April 30 – May 4**  
**Cycle 2-1**

## **April/May 2018 Lunch Menu**

**Salad bar & flavor station offered daily as an option.**

<b><i>Get up and Go!</i></b> <b>Monday</b>	<b><i>Move &amp; Groove</i></b> <b>Tuesday</b>	<b><i>Half Way</i></b> <b>Wednesday</b>	<b><i>Almost There</i></b> <b>Thursday</b>	<b><i>We Made It</i></b> <b>Friday</b>
<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Red Chile Cheese Enchiladas  Shredded Lettuce Diced Tomato Pinto Beans Spanish Rice Orange Milk	Breaded Chicken Sandwich  Lettuce Leaf Sliced Tomato Onions Baked Fries Green Beans Applesauce Milk	Baked Mac n' Cheese  Romaine Salad w/ Cherry Tomato & Broccoli Sweet Peas Garlic Breadstick Grapes Milk	Chicken Egg Roll  Steamed Broccoli & Carrot Rice w/ Veggies Apple Slices Milk	Domino's Pizza  Tossed Salad w/ Carrots, Cherry Tomato & Cucumber Dressing Mandarins Milk
Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>	Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>	Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>	Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>	Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>

**Menu subject to change.**

**This institution is an equal opportunity provider and employer.**