

Lunch Price

\$3.25 per meal
Reduced \$0.40

Fun Food Facts!

One of the most hydrating foods to eat is cucumber, made up of 96% water. It contains electrolytes, which are minerals that include calcium, chloride, magnesium, phosphate, potassium, and sodium, which helps your body restore what it may have lost through dehydration.

**Public Academy for
Performing Arts**

Lunch Menu
May 7 - 11
Cycle 2-2

May 2018 Lunch Menu

Salad bar & flavor station offered daily as an option.

<i>Get up and Go!</i> Monday	<i>Move & Groove</i> Tuesday	<i>Half Way</i> Wednesday	<i>Almost There</i> Thursday	<i>We Made It</i> Friday
7	8	9	10	11
Cheese Quesadilla Salsa Seasoned Fries Pinto Beans Watermelon Milk	Ham & Cheese Croissant Sandwich Broccoli, Carrot & Cucumber Sticks Dressing Applesauce Milk	Chicken Alfredo w/ a Twist Tossed Salad w/ Cherry Tomato & Cucumbers Green Beans Garlic Breadstick Orange Milk	Chicken Fried Rice Edamame Blend Vegetables Broccoli Fortune Cookie Chilled Pears Milk	Hamburger Lettuce Leaf Sliced Tomatoes Pork & Beans Baked Sweet Potato Fries Apple Slices Milk
Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>	Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>	Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>	Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>	Meals include a variety of seasonal fresh fruits, vegetables & 1% white or nonfat chocolate milk <i>Meal does not contain nuts.</i>

Menu subject to change.

This institution is an equal opportunity provider and employer.